

Preface

We are honored to have been asked to edit the tenth edition of *Present Knowledge in Nutrition*. The first edition was published in 1953, and throughout the book's history its authors have been a "Who's Who" of nutritional science. The current volume is no exception. With this edition, we aimed to find productive, knowledgeable, and well-known authors to help us provide integrated information on nutrition, physiology, health and disease, and public-health applications – all in one text. This ambitious goal was set for one purpose: to provide readers with the most comprehensive and current information covering the broad fields within the nutrition discipline. Reflecting the global relevance of nutrition, our authors come from a number of countries. It is hoped that this edition captures the current state of this vital and dynamic science from an international perspective.

New to this edition are chapters on topics such as epigenetics, metabolomics, and sports nutrition – areas that have developed significantly in recent years. The remaining chapters have all been thoroughly updated to reflect developments since the last edition. Suggested reading lists are now provided for readers wishing to delve further into specific subject areas.

To make this edition as accessible and continuously relevant as possible, it is available in both print and electronic formats. An accompanying website (visit www.pkn10.org) provides book owners with access to an Image Bank of tables and figures as well as to any updates the authors may post to their chapters in the future.

We hope this volume will be a valuable reference for researchers, health professionals, and policy experts, and a useful resource for educators and advanced nutrition students.

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